

Updated in 2016!

Helping the Student with Diabetes Succeed: A Guide for School Personnel



Diabetes Overview



Actions for School Personnel,
Parents/Guardians,
and Students



School Responsibilities
Under Federal Law



Tools for Effective
Diabetes Management



Additional Reading

About the *School Guide*:

The purpose of this comprehensive online resource is to empower students with diabetes, their health care team, school staff, and parents/guardians to work together to provide optimal diabetes management in the school setting.

What's New? Updated Information on:

- Effective diabetes management for children with type 2 diabetes;
- Diabetes equipment and supplies for blood glucose monitoring and administering insulin;
- Meal planning and carbohydrate counting;
- Psychosocial issues affecting students with diabetes.

Visit www.ndep.nih.gov/SchoolGuide



National Diabetes Education Program

A program of the National Institutes of Health and the Centers for Disease Control and Prevention

